

Myrtle Beach Trip July, 2007

We will leave from the front of Brookwood at 9:00 AM on July 21. Athletes need to be there by 8:45. We will take 27 people. Coach Carter, Coach Sowers, and Coach Shuster will be driving during the trip. All of these adults will be active chaperones. We should arrive back at Brookwood by 6:00 PM on Friday, July 27. Each condo has 2 twin beds, a double bed, and a double pullout bed available for athletes. Three athletes in each condo will have to sleep in sleeping bags, and we will rotate who sleeps on the beds. The cost will be \$315 per person (see below). **Make checks out to “Brookwood Cross Country” and please have this money and permission forms turned in by July 16. We need time to get the money into the bank, get Travelers Checks, etc.** Chicora Beach rentals phone # 1-800- 845-0833. Your child will call you with the phone number of their cottage when they arrive.

Costs

Breakfasts (6) - 3 gals. Milk, 3 boxes cereal, 2 gal OJ, 1 pkg. bagels, 1 pkg. English muffins, bananas per day, per condo. 1 day pancakes and syrup.  
Lunches - 2 gals. Gatorade, 3 loaves bread, 1 pkg. ham, 2 pkg. turkey, cheese, p’nut butter, jelly, mustard, mayo per day per condo. 1 day - hot dogs and buns.  
Dinners (4) Saturday- Subway-type sandwiches. Sunday- spaghetti, Monday- eat out, Tuesday- Lasagna, Wednesday- chicken, Thursday- pizza.  
Saturday- 5 loaves French bread, 2 pkg. cheese, 2 pkg. ham, 2 pkg. turkey- mayo, mustard, ketchup, chips, Gatorade per condo.  
Sunday - 4 jars spaghetti sauce, 3 lg. pkgs. Spaghetti, 3 loaves French bread, salad, Gatorade per condo.  
Tuesday- 5 loaves French bread, salad, 1 lg. pan lasagna, Gatorade per condo.  
Wednesday - 5 loaves French bread, salad, 5 small chickens, Gatorade per condo.  
Thursday - 5 large pizzas per condo.  
Gatorade - 5 gals per condo per day.

Total food and drink costs	\$1150.00
Van rental (3)	\$1500.00
Condos (3)	\$4422.00
Gas (3 vehicles, 3150 miles, 20 mpg., \$3.00/gal)	\$1418.00
	-----
	\$ 8490.00 divided by 27 = <b>\$315 per person</b>

Athletes will need to bring money to eat 1 meal on the way up and 1 or 2 meals on the way back. They will also need money for two dinners and any extra fun things they want to do. We will probably do a couple of group activities as well (movies, mini-golf, etc.) Pack light (one duffle bag each). The condos have washers and dryers. Athletes will never be allowed to go anywhere alone, day or night. Any problems will be dealt with upon return to Brookwood and will result in missing overnight meets at the least. Questions? Call Coach Carter 770-426-8381 or email at [cbcarter7@hotmail.com](mailto:cbcarter7@hotmail.com).